



DIRECTORS' NOTE:

RAW. Skin and bones. Vulnerability. Stripped down. Real.

The 2021 DIF Documentary highlights the experiences of our dancers throughout this past year, and what dance and Dance in Flight have meant to us as a community. This year has been extremely difficult and challenging, yet still rewarding. From debating whether or not to have a show this year to figuring out the best way to present the DIF show. From creative ruts and failures to amazing new ideas. From a view of simple shots on a camera to this amazing documentary we have put together for you.

This is what RAW is all about. From all of the challenges and struggles to the wins and the successes. It's a story... our story and your story. A story of life and a story of experiences shared with you all through the beauty of dance

Erinn Heffes & Darcie Hill

DIF RAW features 24 Seaver students and our stories as we navigated a challenging year. We acknowledge some of the content is personal and sensitive, and includes difficult experiences such as death, anxiety, depression, and loneliness. As a collective, we have grown stronger and found joy, hope, and community while miles apart. Thank you for joining us on our journey.

2021 COMMITTEE

Student Director - Erinn Heffes Assistant Student Director - Darcie Hill Special Projects Chair - Kayla Washington Director - Reagan Zimmerer Producer - Danielle Minke

TECHNICAL

Director of Production - Danielle Lobello

CHOREOGRAPHERS

Mary Grace Bridges
Erinn Heffes
Darcie Hill
Juliet Johnson
Nalani Kaai
Karli Mueller
Annabella Nordlund
Reagan Zimmerer

COMPANY

Hana Adams
Rebecca Battles
Cailey Benjamin
Mary Grace Bridges
Kate Dalforno
Sydney DeMaria
Sophia Douville
Caitlin Flynn
Amelia Gish
Erinn Heffes
Raja Hicks
Darcie Hill

Hope Horn
Juliet Johnson
Nalani Kaai
Destin Kvidera
Mariah Macias
Karli Mueller
Annabella Nordlund
Patricia Sutrisno
Becca Tuska
Kayla Washington
Nicole Yee
Vanessa Zubas



DIF OPENER

Song: "How it Ends" Artist: DeVotchKa

Choreographers: Erinn Heffes & Darcie Hil

Dancers: Full Cast

STRANGER

Song: "Stranger" Artist: Jacob Banks

Choreographer: Darcie Hill

Dancers: Erinn Heffes, Darcie Hill, Hope Horn, Annabella Nordlund This piece highlights the future of togetherness. Though we may feel like we are strangers to the people around us now, the future is a united one.



sauvage

Song: "Né pour être sauvage"
Artist: Philippe Brach
Choreographer: Annabella Nordlund
Dancers: Hana Adams, Kate Dalforno, Amelia Gish,
Erinn Heffes, Darcie Hill, Annabella Nordlund
This piece is about embracing authenticity and
being holistic, natural, and free.



WE'RE GONNA BE OKAY

Song: "Level of Concern" Artist: Twenty One Pilots Choreographer: Karli Mueller

Dancers: Cailey Benjamin, Destin Kvidera, Karli Mueller

When I first started to choreograph this piece, I wasn't sure what I wanted out of it. 2020 brought a lot of unexpected chaos and dance has brought me calm through the storm. This song reminds us that we are always there for each other no matter the circumstances. Our concern for one another shows that we care and will do anything for those we love.

Stock footage provided by Videvo, downloaded from www.videvo.net

REVOLUTION

Songs: "Fighter"; "Revolution" Artists: Christina Aguilera; Diplo, Faustix, Imanos, and kai Choreographer: Nalani Kaai

Dancers: Rebecca Battles, Caitlin Flynn, Raja Bella Hicks, Nalani Kaai, Destin Kvidera, Karli Mueller,

Patricia Sutrisno, Kayla Washington

After witnessing younger generations standing up to racism, sexism, classism, and more, I was inspired to create something to honor their immense strength, compassion, and determination — much like a true warrior. I created this piece to highlight the warrior in all of us that exists to take a stand and fight for what we believe in. In the end, Revolution is a testament to the social justice warrior in you.

Stock footage provided by Videvo, downloaded from www.videvo.net



HELPLESSLY HOPING

Song: "Helplessly Hoping"
Artist: Crosby, Stills & Nash
Choreographer: Becca Tuska
Dancer: Becca Tuska
Believing in hope doesn't make you
helpless. All it means is that you still
choose to see the light, even in your
darkest moments.

SOMEONE IN THE CROWD

Song: "Someone in the Crowd" Artists: Emma Stone, Callie Hernandez, Sonoya Mizuno, and Jessica Rothe Choreographer: Mary Grace Bridges

Dancers: Mary Grace Bridges, Sydney DeMaria, Dobia Douville, Destin Kyidera, Kayla Washington

This is a story about pursuing your dreams, falling on your face, and choosing to get back up again. Your passions have a purpose, and even in the face of failure, there's always a next step. Enjoy your life and keep dancing.

OVER IT

Song: "Mia & Sebastian's Theme"

Artist: Justin Hurwitz

Choreographers: Darcie Hill &

Reagan Zimmerer

Dancers: Mary Grace Bridges, Nalani Kaai, Kayla Washington, Vanessa Zubas Over the uncertainties & lack of answers & never-ending madness & unpredictability of the future.

LYNN

Songs: "Up (Married Life) Lo-Fi Remix";

"Secret for the Mad"

Artists: Daygo's Beats; Dodie Clark Choreographer: Juliet Johnson

Dancers: Hana Adams, Caitlin Flynn, Erinn Heffes, Hope Horn, Juliet Johnson, Mariah Macias,

Becca Tuska, Kayla Washington

This piece is dedicated to my mom, Staci Lynn Ingram, who passed away in September of 2020. It is structured by the 5 stages of grief: denial, anger, bargaining, depression, and acceptance. I believe we have all felt these emotions in the last year, in some strange jumbled order. In the end, accepting grief is not getting over whatever you've been through — it's being at peace with it. "Adventure is out there," my mom would say. I'm going to go get it, for her.



I'LL BE SEEING YOU

Song: "I'll Be Seeing You"

Artist: Billie Holiday

Choreographers: Erinn Heffes, Darcie Hill,

Juliet Johnson, Annabella Nordlund

Dancers: Erinn Heffes, Darcie Hill, Annabella Nordlund

ghlights the beauty that acceptance can bring. After one

experiences loss, they are never truly alone.

EXPECTATIONS

Song: "Unholy War" Artist: Jacob Banks

Choreographer: Erinn Heffes

Dancers: Cailey Benjamin, Kate Dalforno,

Erinn Heffes, Darcie Hill, Hope Horn, Juliet Johnson, Annabella Nordlund, Kayla Washington, Vanessa Zubas Who are we living life for? Ourselves or everyone else? Is every action I make for me or to make you happy? Am I being me...or the version of myself you want me to be? I am the me for them and the me for you? The me for my parents and the me that makes society the least uncomfortable. This battle...this war...this unholy war to simply be the me that I desire to be. Unholy War...is about expectations and multiple personalities and versions of 'the you' you have been doing to make everyone BUT yourself happy. Unholy War is about that light at the end of the tunnel and finally living life and being the version of you for you



THE FREE

Song: "Rooftop Dancing"

Artist: Sylvan Esso

Choreographer: Reagan Zimmerer

Dancers: Mary Grace Bridges, Amelia Gish, Erinn Heffes, Raja Bella Hicks, Nalani Kaai, Mariah Macias,

Annabella Nordlund, Becca Tuska, Nicole Yee, Vanessa Zubas

Finding joy, peace, and freedom in a time where it feels all have ceased to exist. Truly living for the

moments and places that spark these feelings. Embracing them in every way possible.



REMEMBER

Artists: Seinabo Sey feat. Jacob Banks
Choreographer: Darcie Hill
Dancers: Kate Dalforno, Erinn Heffes, Darcie Hill,
Juliet Johnson, Nicole Yee, Vanessa Zubas
the end of a journey, we all want to have made an
impact in some way — whether in the lives of each
other or the lives of strangers. We want to be
remembered not only for what we created but the

RAW

Song: "AUATC" Artist: Bon Iver

Choreographers: Erinn Heffes & Darcie Hill

Dancers: Full Cast

"In the end we are simply a community of dancers who couldn't let the year pass by without creating something, no matter how unconventional or tricky it could be. We're happy we could continue doing what we love alongside each other."